



Golf Tournaments



July 24, 2026
Fox Hollow Golf Course
Sutton, NE

4-Person Scramble, 18 Holes
Shotgun Start at 10am
Lunch Will Be Served
\$400 Per Team

Contact Carli Reiners:
(402) 723-4512
creiners@hendersonhealth.org



August 14, 2026
Galaway Creek Golf Course
Henderson, NE

Specialty Clinics, Surgery, & Services



Henderson Family Care
Sutton Family Practice
Henderson Community Hospital
Legacy Square Long Term Living

Dr. Christopher Vanderneck
Dr. James Ohrt
Dr. Lindsey Nelson
Allison Bauer, PA-C
Cortney van den Berg, PA-C
Joshua Reiners, PA
Ronda Clark, PA-C
Samantha Pederson, PA-C

This institution is an equal opportunity
provider and employer.

Cardiology

Dr. Anchan Bryan Heart Institute
Dr. Friesen..... Bryan Heart Institute
Dr. Jain..... Bryan Heart Institute

Ear, Nose & Throat

Dr. Robinson CHI Health
Kami Skrdla, APRN CHI Health

Interventional Radiology

Dr. Kelly Advanced Medical Imaging
Dr. Razdan Advanced Medical Imaging
Dr. Vander Woude..... Advanced Medical Imaging

Mental Health

Sherry Kropatsch, PMHNP Mental Wellness

Nephrology

Dr. Marple..... Inpatient Physician Associates

Neurology

Dr. Morcos Prima Care

Neurosurgery

Dr. Bixenmann..... Nebraska Neurosurgery Group

Obstetrics/Gynecology

Dr. Adam..... Obstetricians & Gynecologists, P.C.

Oncology

Dr. Ramaekers NE Cancer Specialists - St. Francis

Orthopedics

Dr. Todd..... NE Orthopaedic Center
Dr. Webb..... NE Orthopaedic Center

Podiatry

Dr. Dodson Prairie Orthopaedic
Dr. Krejci-Reed..... Prairie Orthopaedic

Pulmonology

Melissa Hoferer, APRN..... CHI Health Good Sam

Surgery & Wound Clinic

Dr. Dietze..... Nebraska Rural Surgical Associates
Dr. Schroeder..... Nebraska Rural Surgical Associates
Dr. Ye York Surgical Associates

Urology

Dr. Brush Urology P.C.



Summer 2026

The Pulse

Growing to Meet Your Needs Welcome to Our New Rural Health Clinic

After more than a year of planning, construction, and anticipation, we are proud to announce the opening of our new 10,250-square-foot Rural Health Clinic in Henderson. This milestone represents a significant investment in the health and well-being of our communities and reflects our commitment to providing exceptional care close to home.

Designed with both patients and providers in mind, the new clinic offers a modern, welcoming environment that enhances comfort, efficiency, and access to care. Patients will be greeted by a spacious waiting room that provides a comfortable setting from the moment they arrive.

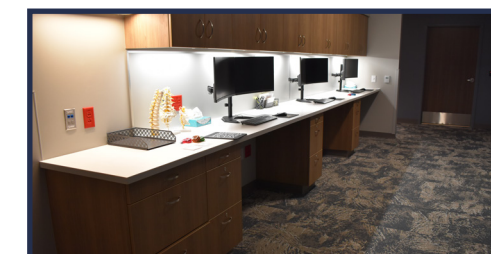
The facility features 14 patient exam rooms, allowing our providers to serve more patients while reducing wait times and improving the overall healthcare experience. Two dedicated procedure suites provide space for a variety of in-office treatments and services, helping patients receive the care they need without traveling long distances. The new clinic opened its doors to patients on July 13th.

In addition to patient care areas, the clinic includes expanded storage capabilities and dedicated office space for providers and staff. These improvements support daily operations and create a more efficient work environment, enabling our team to focus on what matters most—caring for patients.

HHC CEO, Cheryl Brown, said, "Our new Rural Health Clinic was designed to meet the growing healthcare needs of our region both today and in the future. As our communities continue to grow, this facility positions us to expand services, recruit additional providers, and ensure that high-quality healthcare remains available locally."

This project would not have been possible without the support of our patients, staff, leadership, board members, and community partners. We are grateful for the trust placed in us and excited to welcome patients into this new space. An Open House for the new clinic will be held on July 19th from 2-4pm.

The opening of this clinic is more than just a new building—it is an investment in healthier communities, stronger local healthcare, and a brighter future for generations to come.



Coming Home to Care

Samantha Pederson, PA-C Returns to Serve Her Community

Henderson Health Care is pleased to welcome Samantha Pederson, PA-C, to its healthcare provider team. Samantha will begin seeing patients in late July, bringing her passion for preventative healthcare and family medicine back to the community she proudly calls home.

A native of Henderson, Nebraska, Samantha is excited to return to her hometown and serve the people and families who helped shape her journey. After graduating from Union College in Lincoln, Nebraska, she completed her Master of Physician Assistant Studies degree in 2020 and began practicing medicine with a focus on providing comprehensive, patient-centered care. Samantha is a board-certified physician assistant by the National Commission on Certification of Physician Assistants (NCCPA). She is affiliated with professional organizations such as the American Academy of Physician Assistants (AAPA), Nebraska Academy of Physician Assistants (NAPA), Obesity Medicine Association (OMA).

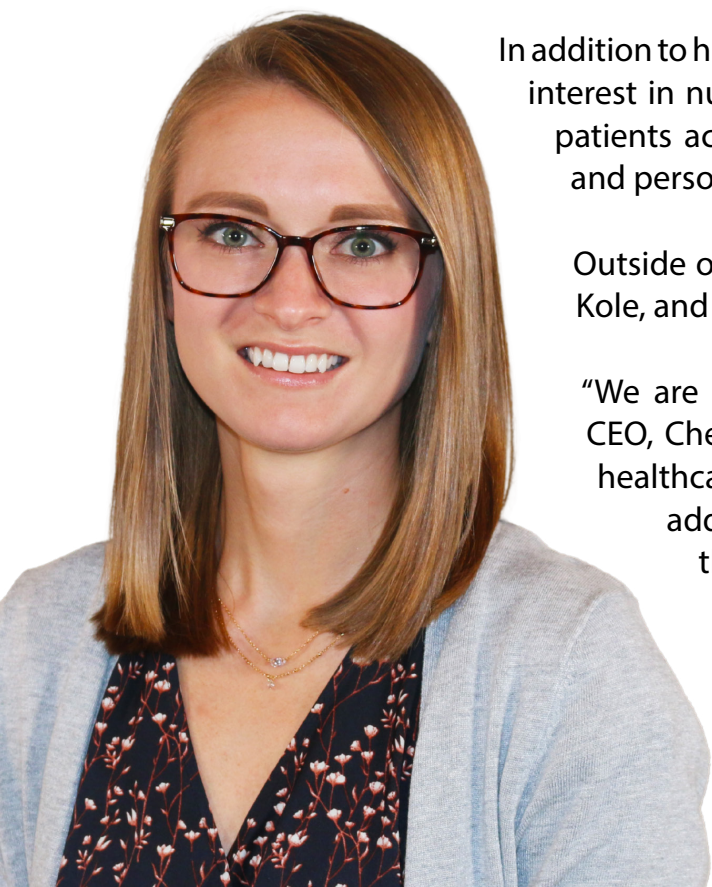
"Throughout my training and career, I have always been drawn to family medicine because it allows me to care for patients through every stage of life," said Pederson. "I enjoy helping individuals and families stay healthy through preventative care and building lasting relationships with my patients."

In addition to her passion for family medicine, Samantha has developed a special interest in nutrition, weight loss, and obesity medicine. She enjoys helping patients achieve their health goals through education, lifestyle changes, and personalized treatment plans that support long-term wellness.

Outside of the clinic, Samantha enjoys spending time with her husband, Kole, and son, Jet, reading, sewing and traveling.

"We are thrilled to welcome Samantha back to Henderson," said HHC CEO, Cheryl Brown. "Her commitment to family medicine, preventative healthcare, and community-focused care makes her an excellent addition to our medical staff. We know our patients will appreciate the compassion and expertise she brings to our organization."

Patients can begin scheduling appointments with Samantha Pederson, PA-C, later this summer. Henderson Health Care looks forward to the positive impact she will have on the health and well-being of our communities for years to come.



Inspiring Those with Sleep Apnea

For many people, a good night's sleep is something they take for granted. For those living with obstructive sleep apnea, however, restful sleep can feel impossible. Now, thanks to the addition of the Inspire® procedure at Henderson Health Care, patients in our region have access to a life-changing treatment option close to home.

As the only healthcare organization in the region currently offering the Inspire procedure, we are proud to provide advanced care for patients who struggle with sleep apnea and are unable to tolerate traditional CPAP therapy. Since launching the program just a few months ago, Dr. Aaron Robinson of CHI Health and our surgical team have already performed nearly 20 Inspire implant procedures—a testament to both the demand for this innovative treatment and the positive outcomes patients are experiencing. The Inspire procedure offers a different approach. The small, implanted device works inside the body while a patient sleeps, helping keep the airway open and reducing sleep apnea events. Controlled by a simple handheld remote, the system allows patients to activate therapy at bedtime and turn it off when they wake up.



The success of our Inspire program reflects our ongoing commitment to bringing advanced healthcare services to rural communities. Patients no longer need to travel long distances to access this specialized procedure. Instead, they can receive expert care from a trusted local team while remaining close to family, work, and support systems.

As our program continues to grow, we remain focused on helping more patients find relief from sleep apnea and improve their long-term health. For individuals struggling with sleep apnea or difficulty tolerating CPAP therapy, Inspire may be the solution they've been waiting for. We are proud to be leading the way in bringing this transformative technology to our communities—and helping our patients wake up to healthier, more energized lives.

Schedule Your Child's Physical Today!

School Physical

A school physical will help identify any chronic medical conditions or acute illnesses that could be affecting your child's academic progress. This is a good time to keep vaccinations current and get the information you need to stay fit and healthy. Students going into Kindergarten and Junior High School are required to have a physical.

Sports Physical

In the sports medicine field, the sports physical exam is known as a pre-participation physical examination (PPE). The exam helps determine whether it's safe for you to participate in a particular sport. A sports physical can help you find out about and deal with health problems that might interfere with your participation in a sport. Our providers may have some good training tips or ideas for avoiding injuries. All students grades 8-12 planning to participate in sports during the 2026-27 school year must receive a physical.



ASK THE DOC

How can I protect my memory and brain health?

Many people worry about memory loss as they age, but the good news is that there are steps you can take to help keep your brain healthy throughout your life.

One of the most important things you can do is stay physically active. Regular exercise increases blood flow to the brain and has been linked to improved memory and a lower risk of cognitive decline. Even simple activities like walking, gardening, or biking can make a difference.

Keeping your mind engaged is also important. Reading, learning new skills, doing puzzles, playing games, or participating in social activities can help stimulate your brain and build what experts call "cognitive reserve."

Your overall health plays a major role in brain health as well. Conditions such as high blood pressure, diabetes, high cholesterol, and obesity can increase the risk of memory problems over time. Working with your healthcare provider to manage these conditions is an investment in your brain's future.



While occasional forgetfulness is a normal part of aging, significant changes in memory, confusion, or difficulty performing everyday tasks should be discussed with a healthcare provider. Early evaluation can help identify potential causes and treatment options.

- Allison Bauer, PA-C