

Henderson Health Care Foundation

GROWTH GALA

Save the Date

March 2, 2024 at 5:00 pm
Holthus Convention Center
York, Nebraska

Buy Tickets & Donate at

<https://www.hhcsfoundation.org>



Henderson Health Care

The Pulse



Henderson Health Care Unveils New Surgical Suite

In a momentous celebration of medical innovation and commitment to community health, Henderson Health Care opened its doors to the public for an exclusive Open House event showcasing its newly inaugurated surgical suite. The event, held on December 10th, marked a significant milestone for our organization and attracted a diverse audience, including medical professionals, community leaders, and curious residents eager to witness the future of surgical care.

The star of the show was undeniably the brand-new surgical suite, equipped with cutting-edge technology that is poised to redefine the standards of patient care in rural Nebraska. Attendees were treated to an immersive experience, guided by expert medical staff who demonstrated the suite's advanced features, emphasizing precision, efficiency, and patient safety.

Henderson Health Care CEO, Cheryl Brown said, "We are thrilled by the overwhelming support from our communities during the Open House. The new surgical suite is a testament to our commitment to excellence and the well-being of our patients. This facility is not just a space for surgeries; it's a symbol of our dedication to providing the highest quality of care, integrating technology seamlessly, and ensuring a positive experience for every patient."

Attendees got a sneak peek at more than just the new surgical suite. Tours highlighted other additions constructed over the past two years, including nutritional services, materials management, environmental services, and electrical and mechanical rooms.

The 36-month Hospital/Surgery Expansion & Renovation project is nearing its third and final phase, an additional 3,000 square foot major remodel that will provide a new laboratory, pharmacy, physician work area, and a family surgery waiting room. Anticipated completion of the final phase is 6-8 months.



Specialty Clinics, Surgery, & Services

Henderson Health Care
www.HendersonHealthCare.org

Legacy Square Long Term Living
Rosewood Court Assisted Living
Henderson Community Hospital
Henderson Family Care
Sutton Family Practice

Dr. Christopher Vanderneck
Dr. James Ohrt
Dr. Lindsey Nelson
Allison Bauer, PA-C
Cortney van den Berg, PA-C
Joshua Reiners, PA
Ronda Clark, PA-C

This institution is an equal opportunity provider and employer.

Allergy, Asthma, & Immunology

Dr. Sullivan ... Allergy, Asthma, & Immunology Assoc.

Cardiology

Dr. Anchan Bryan Heart Institute

Dr. Jain Bryan Heart Institute

Dr. Johnson Bryan Heart Institute

Dr. Friesen CHI Health Nebraska Heart

Ear, Nose & Throat

Dr. Pflug

Dr. Robinson CHI Health

Endocrinology

Dr. Jones-Ryan Complete Endocrinology

Dr. Ward Complete Endocrinology

Mental Health

Sherry Kropatsch, PMHNP Mental Wellness

Nephrology

Dr. Marple Inpatient Physician Associates

Neurology

Dr. Morcos St. Anne's Hospital

Neurosurgery

Dr. Bixenmann Nebraska Neurosurgery Group

Obstetrics/Gynecology

Dr. Adam Obstetricians & Gynecologists, P.C.

Oncology

Dr. Ramaekers NE Cancer Specialists - St. Francis

Orthopaedics

Dr. Bott NE Orthopaedic Center

Dr. Todd NE Orthopaedic Center

Chad Springer PA-C NE Orthopaedic Center

Podiatry

Dr. Dodson Prairie Orthopaedic

Dr. Krejci-Reed Prairie Orthopaedic

Pulmonology

Lauren Klein, APRN CHI Health St. Francis

Surgery & Wound Clinic

Dr. Dietze Hastings General Surgery

Dr. Schroeder Hastings General Surgery

Dr. Ye York Surgical Associates

Urology

Dr. Brush Urology P.C.

Neurosurgery at HHC with Dr. Bixenmann

A neurosurgeon works on your brain, right? That's true, but a neurosurgeon does a lot more than brain surgery. In fact, about 70 percent of a neurosurgeon's time is devoted to your spine, treating back pain, neck pain, herniated discs, degenerative disc disease and even leg pain.

At Henderson Health Care, Dr. Benjamin Bixenmann, of The Nebraska Neurosurgery Group, works with the entire nervous system that starts in your brain, runs through your spine, and branches out to all areas of your body. Bixenmann specializes in surgery of the spine, brain, and peripheral nerves and treats many painful conditions, such as low back pain, epilepsy, stroke, sciatica, pinched nerves and chronic pain. He also performs minimally invasive surgical treatment of all spine problems, surgical and radiosurgery treatment of brain tumors, surgical treatment of brain aneurysms and carotid stenosis, surgical treatment of nerve pain including carpal tunnel and trigeminal neuralgia, and management of traumatic brain injury and concussion.

Dr. Bixenmann grew up in Lincoln, Nebraska and graduated from Pius X High School in 2001. He earned his Bachelor of Science degree from Hillsdale College in 2005 graduating Magna Cum Laude. Dr. Bixenmann received his Doctorate of Medicine, with High Distinction, in 2009 at the University of Nebraska College of Medicine in Omaha, NE. He completed a neurological surgery residency at the Mayfield Clinic and University of Cincinnati Medical Center in 2015.

Dr. Bixenmann is at Henderson Health Care for his Neurosurgery clinic on the first Wednesday of every month.



Benjamin J. Bixenmann, MD, F.A.N.S.

A Breath of Fresh Air: Respiratory at HHC

In the intricate tapestry of healthcare, one crucial element often stands out for its vital role in sustaining life: respiratory care. As we breathe in the rhythm of life, the significance of effective respiratory care within healthcare organizations cannot be overstated.



Michael Baribeau, RRT

Respiratory care encompasses a range of services aimed at maintaining and improving the health of the respiratory system, which includes the lungs and airways. From preventive measures to acute interventions, respiratory care professionals play a pivotal role in ensuring optimal respiratory function and, consequently, overall well-being.

In our healthcare organization, the importance of respiratory care is accentuated in various departments, including the emergency room and outpatient clinics. At Henderson Health Care, Respiratory Therapist, Michael Baribeau, works collaboratively with other healthcare professionals to assess, diagnose, and treat respiratory issues. One of the professionals he works closely with is, Lauren Klein, APRN who specializes in Pulmonary Medicine. Klein visits the HHC campus the second and fourth Friday every month. Their collaboration extends beyond just treatment to encompass education and preventive measures. They educate patients on techniques to manage their conditions, such as proper inhaler use and lifestyle modifications.

One of the primary responsibilities of our respiratory care team is the management of respiratory disorders such as asthma, chronic obstructive pulmonary disease (COPD), and pneumonia. These conditions can significantly impact a patient's quality of life, and timely and expert respiratory care is essential for effective management and improved outcomes.

Respiratory care stands as a cornerstone in the edifice of our healthcare organization. From managing chronic respiratory conditions to responding to acute crises, our respiratory care professionals contribute significantly to patient well-being and recovery. As healthcare continues to evolve, the role of respiratory care will only become more crucial in fostering a healthier society."

Bridging the Gaps in Communication & Confidence Speech Therapy with Cindy Haggadone, MS, CCC-SLP

In a continuous commitment to providing comprehensive and personalized care, our healthcare facility is delighted to introduce the newest member of our team, Cindy Haggadone, MS, CCC-SLP, a skilled and dedicated speech-language pathologist. She brings a wealth of experience and a passion for helping individuals overcome communication challenges.

With a 25-year background in speech-language pathology, she is well-equipped to address a wide range of communication disorders and swallowing difficulties. Her expertise extends to working with individuals of all ages, from children with developmental speech delays to adults recovering from strokes or managing conditions affecting their ability to communicate effectively.



One of the hallmarks of Cindy's approach is her emphasis on patient-centered care. She believes in tailoring therapy sessions to the unique needs and goals of each individual, recognizing that no two cases are alike. This personalized approach fosters a supportive and encouraging environment, empowering patients to make progress at their own pace.

Our healthcare facility is particularly excited about the innovative techniques and technologies that she brings to our organization. She is well-versed in the latest advancements in speech therapy, including the use of LSVT Loud is a 16 session, 4-week comprehensive evidence based treatment for patients with Parkinson's Disease created to get their voices back.

Her presence enhances our commitment to providing comprehensive, compassionate, and cutting-edge care to those in need. With her on board, we look forward to empowering individuals to find their voice and communicate with confidence and clarity.

Access To Your Health is Important. And Now It's Mobile! Download the MyCareCorner Mobile App

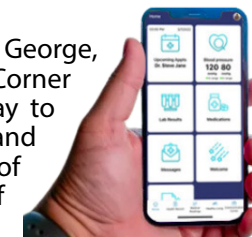
Did you know there is a mobile version of MyCareCorner that gives you access to your personal health records, including appointments, current medication list, allergies and more — from anywhere? You get all the benefits of the MyCareCorner patient portal, with additional conveniences!

Utilize the MyCareCorner app in just a few simple steps:

- 1.) Give admissions staff your most up-to-date email address.**
- 2.) Open your email and click the link to create your MyCareCorner account.**
- 3.) Download the MyCareCorner app for your App Store or Google Play Store.**
- 4.) Log in on the mobile app with the account you just created.**
- 5.) Create a 4-digit pin for simple sign-in in the future.**

You are now able to securely access all of your health records from your mobile device! View your medications, lab results, full health records, schedule an appointment, and even message clinic staff.

Henderson Family Care Clinic Operations Officer, Michele George, said this about the MyCareCorner app, "The MyCareCorner app is not just a platform; it's a personalized gateway to proactive health management, support, compassion, and convenience. It empowers our patients to take charge of their well-being, offering a corner of care in the palm of their hands."



ASK THE DOC

Five Questions Every Woman Should Ask Her Doctor

The annual check-up is an important part of everyone's health. It's the chance for you and your doctor to be proactive and can often catch health issues before they become big problems. While we feel it is important for everyone to have an annual physical, there are some unique concerns for women. Studies show that women react differently to stress and illness and it is important that they take the time to visit their doctor annually and take control of their health. The five questions below will help you get the most out of your next annual exam.

- 1. When do I need a mammogram and pap smear?**
- 2. When do I need a colonoscopy?**
- 3. Do I need any immunizations?**
- 4. Do I have a healthy weight and blood pressure?**
- 5. Am I at risk for any diseases or health concerns?**

It's important to be as honest and forthcoming as possible with your primary-care physician. Even if you are embarrassed to ask a question, chances are that we have heard it before. Just remember that we aren't here to judge you; we're here to help you get -- and stay -- healthy. Ladies, schedule your annual exam today by calling (402) 723-4512.



- Allison Bauer, PA-C